



# 97. PZLA Mistrzostwa Polski

POZNAŃ, 24 - 26 czerwca 2021



## Wyniki konkurencji-międzyzycasy

### 5000 m chód kobiet

Rekord Polski(Open)	<b>20:51.93</b>	RADTKE Katarzyna	LECHIA Gdańsk	Sopot	93-06-20
Rekord Polski(U20)	<b>22:36.68</b>	ZDZIEBŁO Katarzyna	LKS Stal Mielec	Stalowa Wola	15-09-19
Rekord Polski(U18)	<b>22:58.94</b>	MIELCAREK Anna	AZS Poznań	Ostrawa	07-07-12

Miejsce	Tor	Numer	Imię i nazwisko	Data ur.	Klub (woj)	Reakcja	Wynik
			400m				3200m
			800m				
			1200m				
			1600m				
			2000m				
			2400m				
			2800m				
			3600m				
			4000m				
			4400m				
			4800m				

### Bieg 1/1

Start: 21-06-25 09:59:52

<b>1</b>	<b>3</b>	<b>535</b>	<b>Agnieszka ELLWARD</b>	<b>89-03-26</b>	<b>WKS Flota Gdynia(PM)</b>	<b>24:01.24</b>	
51.62 (51.62) 2:38.62 (1:47.01) 4:28.86 (1:50.24) 6:20.43 (1:51.57) 8:15.24 (1:54.82) 10:11.59 (1:56.35) 12:08.31 (1:56.73) 14:05.58 (1:57.27) 16:04.57 (1:59.00) 18:02.84 (1:58.28) 20:03.30 (2:00.46) 22:01.59 (1:58.30) 24:00.86 (1:59.27) 24:50.51 (49.66)"							
<b>2</b>	<b>1</b>	<b>439</b>	<b>Anna ZDZIEBŁO</b>	<b>01-11-20</b>	<b>LKS Stal Mielec(PK)</b>	<b>24:20.26</b>	PB
1:00.01 (1:00.01) 2:55.95 (1:55.95) 4:53.17 (1:57.22) 6:47.04 (1:53.88) 8:40.77 (1:53.73) 10:35.19 (1:54.43) 12:31.00 (1:55.81) 14:28.47 (1:57.48) 16:26.32 (1:57.85) 18:24.00 (1:57.68) 20:22.17 (1:58.18) 22:20.32 (1:58.15) 24:20.09 (1:59.78)"							
<b>3</b>	<b>7</b>	<b>805</b>	<b>Magdalena ŻELAZNA</b>	<b>04-04-16</b>	<b>AZS-AWF Gorzów(LB)</b>	<b>24:25.82</b>	
56.25 (56.25) 2:51.86 (1:55.62) 4:50.02 (1:58.17) 6:45.65 (1:55.63) 8:42.69 (1:57.04) 10:39.27 (1:56.59) 12:39.01 (1:59.74) 14:40.15 (2:01.15) 16:41.37 (2:01.23) 18:42.35 (2:00.98) 20:43.27 (2:00.93) 22:40.60 (1:57.34) 24:25.74 (1:45.14)"							
<b>4</b>	<b>2</b>	<b>367</b>	<b>Antonina LOREK</b>	<b>95-02-11</b>	<b>KS AZS AWF Kraków(MA)</b>	<b>24:29.07</b>	PB
55.52 (55.52) 2:50.74 (1:55.23) 4:49.40 (1:58.66) 6:43.68 (1:54.28) 8:41.90 (1:58.23) 10:38.82 (1:56.92) 12:38.50 (1:59.69) 14:39.42 (2:00.92) 16:40.92 (2:01.51) 18:41.92 (2:01.01) 20:42.92 (2:01.01) 22:42.59 (1:59.67) 24:28.56 (1:45.98) 25:45.99 (1:17.43)"							
<b>5</b>	<b>4</b>	<b>435</b>	<b>Małgorzata CETNARSKA</b>	<b>98-08-02</b>	<b>KKS Victoria Stalowa Wola(PK)</b>	<b>26:25.96</b>	SB ^^
1:00.51 (1:00.51) 2:58.45 (1:57.95) 5:00.61 (2:02.16) 7:02.74 (2:02.13) 9:06.57 (2:03.83) 11:10.67 (2:04.10) 13:15.64 (2:04.98) 15:19.64 (2:04.00) 17:27.46 (2:07.83) 19:37.04 (2:09.58) 21:46.14 (2:09.10) 23:54.00 (2:07.86) 26:25.72 (2:31.73)"							
<b>6</b>	<b>5</b>	<b>102</b>	<b>Patrycja OLLER</b>	<b>01-01-13</b>	<b>MLKS Nadwiślanin Chełmno(KP)</b>	<b>26:59.61</b>	
1:01.22 (1:01.22) 3:04.25 (2:03.04) 5:11.47 (2:07.23) 7:18.64 (2:07.17) 9:27.75 (2:09.11) 11:36.66 (2:08.92) 13:46.49 (2:09.83) 15:56.84 (2:10.36) 18:07.84 (2:11.00) 20:21.21 (2:13.37) 22:35.17 (2:13.96) 24:48.29 (2:13.13) 26:59.70 (2:11.41)"							
<b>7</b>	<b>6</b>	<b>241</b>	<b>Marcelina DROZDEK</b>	<b>00-10-23</b>	<b>AZS-AWF Warszawa(MZ)</b>	<b>27:52.73</b>	
1:00.83 (1:00.83) 2:59.49 (1:58.67) 5:01.33 (2:01.85) 7:07.36 (2:06.03) 9:23.13 (2:15.78) 11:40.74 (2:17.61) 13:58.75 (2:18.02) 16:19.23 (2:20.49) 18:38.61 (2:19.39) 20:58.27 (2:19.66) 23:20.55 (2:22.28) 25:41.64 (2:21.09) 27:52.53 (2:10.89)"							

### Międzyzycasy

1000m	535	Agnieszka ELLWARD	<b>4:28.76</b>
2000m	535	Agnieszka ELLWARD	<b>9:13.3</b>
3000m	535	Agnieszka ELLWARD	<b>14:05.52</b>
4000m	535	Agnieszka ELLWARD	<b>19:02.5</b>