

## Start List

### 400 m Men/mężczyzn

WORLD RECORD	<b>43.03</b>	VAN NIEKERK Wayde	RSA	Rio de Janeiro (BRA)	16-08-14
POLISH RECORD	<b>44.62</b>	CZUBAK Tomasz	SKRA Warszawa	Seville	99-08-24
MEETING RECORD	<b>45.10</b>	MASLAK Pavel	CZE	Warszawa	12-08-19

Lane	Bib	Athlete	Birth	Country	PB	2018
<b>Heat A/1</b> <span style="float: right;"><b>18-08-22 19:30</b></span>						
1		KOWALUK Dariusz	96-04-16	AZS-AWF Warszawa	46.06/18	46.06
<i>4 x 400m European U23 Championships Silver Medallist 2017</i>						
2		KRAWCZUK Łukasz	89-06-15	WKS Śląsk Wrocław	45.65/14	45.78
<i>4 x 400m European Indoor Silver Medallist 2015, 4x400m European Silvers 2014, 2016, 4 x 400m European Indoor Champion 2017, 4 x 400m World Indoor Champion 2018</i>						
3		YOUSIF Rabah	86-12-11	GREAT BRITAIN	44.54/15	45.30
<i>4 x 400m European Bronze Medallist 2016, 4 x 400m European Silver Medallist 2018, 4 x 400m European Champion 2014, 4x400m World Championships Bronzes 2015, 2017</i>						
4		TAYLOR Christian	90-06-18	USA	45.07/18	45.07
<i>Triple Jump World Indoor Silver Medallist 2012, Triple Jump World Champion 2011, 2015, 2017, Triple Jump Olympic Champion 2012, 2016</i>						
5		GARDINER Steven	95-09-12	BAHAMAS	43.87/18	43.87
<i>4 x 400m Olympic Bronze Medallist 2016, 400m World Championships Silver Medallist 2017</i>						
6		ZALEWSKI Karol	93-08-07	AZS-AWF Katowice	45.11/18	45.11
<i>200m European U23 Champion 2013, 200m European U23 Champion 2015, 4 x 400m European Indoor Silver Medallist 2015 4 x 400m World Indoor Champion 2018</i>						
7		LEITIS Janis	89-04-13	LATVIA	45.53/18	45.53
8		OMELKO Rafał	89-01-16	KS AZS AWF Wrocław	45.14/16	46.09
<i>400m European Indoor Bronze Medallist 2015, 4x400m European Indoor Silvers 2015, 2017, 4x400m European Silvers 2014, 2016 4 x 400m European Indoor Champion 2017, 4 x 400m World Indoor Champion 2018</i>						

TOP 10- POLSKA / POLAND (18-08-21)					SEASON OUTDOOR TOP LIST				
1	ZALEWSKI Karol	AZS-AWF Katowice	45.11	18-08-08 Berlin (GER)	1	Michael Norman	USA	43.61	8 Jun Eugene OR
2	KRAWCZUK Łukasz	WKS Śląsk Wrocław	45.78	18-08-08 Berlin (GER)	2	Steven Gardiner	BAH	43.87	4 May Doha
3	KOWALUK Dariusz	AZS-AWF Warszawa	46.06	18-07-21 Lublin	3	Akeem Bloomfield	JAM	43.94	8 Jun Eugene OR
4	KRZEWINA Jakub	WKS Śląsk Wrocław	46.06	18-06-08 Chorzów	4	Abdallah Haroun	QAT	44.07	21 Ju London
5	OMELKO Rafał	KS AZS AWF Wrocław	46.09	18-06-20 Goleniów	5	Nathan Allen	JAM	44.13	8 Jun Eugene OR
6	RZEŃNICZAK Mateusz	RKS Łódź	46.50	18-07-08 Kraków	6	Emmanuel Korir	KEN	44.21	23 Ju Nairobi
7	KOZŁOWSKI Kacper	KS AZS UWM Olsztyn	46.60	18-07-21 Lublin	7	Isaac Makwala	BOT	44.23	12 Ma Shanghai
8	DOBEK Patryk	MKL Szczecin	46.61	18-06-08 Chorzów	8	Fred Kerley	USA	44.33	31 Ma Roma
9	DUSZYŃSKI Kajetan	AZS Łódź	46.67	18-07-20 Lublin	9	Nathan Strother	USA	44.34	13 Ma Knoxville TN
10	KREFT Szymon	LKS Ziemi Puckiej Puck	46.69	18-06-09 Słubice	10	Kirani James	GRN	44.35	9 Jun Kingston

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PB-Personal best, SB-Season Best, WR-World Record, ER-European R., NR-National R.

CHORZÓW 2018

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