



# 101. PZLA Mistrzostwa Polski

BYDGOSZCZ, 22-23 sierpnia 2025



## Lista startowa

### 400 metrów ppł K

|                     |               |                    |                  |                         |          |
|---------------------|---------------|--------------------|------------------|-------------------------|----------|
| Rekord Świata(Open) | <b>50.37*</b> | MCLAUGHLIN Sydney  | USA              | Paris (FRA)             | 24-08-08 |
| Rekord Świata(Open) | <b>50.65</b>  | MCLAUGHLIN Sydney  | USA              | Eugene (USA)            | 24-06-30 |
| Rekord Europy(Open) | <b>50.95*</b> | BOL Femke          | NED              | La Chaux-de-Fonds (SUI) | 24-07-14 |
| Rekord Europy(Open) | <b>51.45</b>  | BOL Femke          | NED              | London (GBR)            | 23-07-23 |
| Rekord Polski(Open) | <b>53.86</b>  | JESIEN Anna        | AZS-AWF Warszawa | Osaka (JPN)             | 07-08-28 |
| Rekord Polski(U23)  | <b>55.75</b>  | OLICHWIERCZUK Anna | Skra Warszawa    | Kraków                  | 00-08-05 |
| Rekord Polski(U20)  | <b>56.87</b>  | GADAJSKA Wiktoria  | RLTL GGG Radom   | Lima (PER)              | 24-08-31 |
| Min. MŚ(Open)       | <b>54.65</b>  |                    |                  | Tokyo (JPN)             | 25-09-13 |

| Lp/Tor | Numer | Imię i nazwisko | Data ur. | Klub (woj) | RŻ | 2025 |
|--------|-------|-----------------|----------|------------|----|------|
|--------|-------|-----------------|----------|------------|----|------|

#### Bieg 1/2

25-08-22 10:45

|   |     |                           |          |                            |          |       |
|---|-----|---------------------------|----------|----------------------------|----------|-------|
| 3 | 367 | Justyna JELESKA           | 99-08-20 | KS Podlasie Białystok (PD) | 61.39/22 | 63.39 |
| 4 | 154 | Maria KOŁODZIEJCZUK       | 04-11-19 | AZS-AWF Gorzów (LB)        | 58.81/22 | 61.56 |
| 5 | 291 | Izabela SMOLIŃSKA         | 99-01-14 | RLTL GGG Radom (MZ)        | 56.24/24 | 56.52 |
| 6 | 247 | Julia SOKOŁOWSKA          | 00-01-26 | KS AZS AWF Warszawa (MZ)   | 58.80/23 | 58.94 |
| 7 | 13  | Paulina KUBIS             | 04-03-24 | KS AZS AWF Wrocław (DS)    | 55.88/25 | 55.88 |
| 8 | 316 | Katarzyna MARTYNA-JURCZYK | 98-10-25 | KS AZS AKF Kraków (MA)     | 57.37/23 | 60.07 |
| 9 | 502 | Weronika KOWAL            | 97-01-25 | OŚ AZS Poznań (WP)         | 60.88/22 | 62.33 |

#### Bieg 2/2

25-08-22 10:45

|   |     |                  |          |  |          |       |
|---|-----|------------------|----------|--|----------|-------|
| 3 | 3   | Paulina BRZEK    | 99-03-02 | KS AZS AWF Wrocław (DS)                  | 62.57/21 | 63.09 |
| 4 | 334 | Ewa GLATKI       | 05-12-02 | AZS KU Politechniki Opolskiej Opole (OP) | 61.85/22 | 62.09 |
| 5 | 238 | Wiktoria OKO     | 03-09-18 | KS AZS AWF Warszawa (MZ)                 | 56.76/25 | 56.76 |
| 6 | 275 | Julia ZEGAN      | 05-01-25 | OKS Skra Warszawa (MZ)                   | 57.91/25 | 57.91 |
| 7 | 228 | Anna GRYC        | 99-10-16 | KS AZS AWF Warszawa (MZ)                 | 55.07/25 | 55.07 |
| 8 | 117 | Weronika TARACHA | 02-03-28 | AZS UMCS Lublin (LU)                     | 59.73/23 | 60.31 |
| 9 | 495 | Alicja KACZMAREK | 02-09-30 | OŚ AZS Poznań (WP)                       | 58.42/21 | 60.57 |

#### Kwalifikacje: 3 najlepszych z każdego biegu(Q)+ 2 z czasami(q)

| TOP 10- POLSKA / POLAND (25-08-21) |                     |                     |       |          |                       |
|------------------------------------|---------------------|---------------------|-------|----------|-----------------------|
| 1                                  | GRYC Anna           | KS AZS AWF Warszawa | 55.07 | 25-08-08 | Banska Bystrica (SLO) |
| 2                                  | KUBIS Paulina       | KS AZS AWF Wrocław  | 55.88 | 25-07-18 | Bergen (NOR)          |
| 3                                  | SMOLIŃSKA Izabela   | RLTL GGG Radom      | 56.52 | 25-06-22 | Warszawa              |
| 4                                  | OKO Wiktoria        | KS AZS AWF Warszawa | 56.76 | 25-07-18 | Bergen (NOR)          |
| 5                                  | WOLCZAK Aleksandra  | AZS-AWF Gorzów      | 57.13 | 25-07-05 | Kraków                |
| 6                                  | ZEGAN Julia         | OKS Skra Warszawa   | 57.91 | 25-07-05 | Kraków                |
| 7                                  | WSOLEK Aleksandra   | KS AZS AKF Kraków   | 58.40 | 25-05-31 | Kraków                |
| 8                                  | GADAJSKA Wiktoria   | RLTL GGG Radom      | 58.66 | 25-06-15 | Warszawa              |
| 9                                  | SOKOŁOWSKA Julia    | KS AZS AWF Warszawa | 58.94 | 25-06-14 | Biała Podlaska        |
| 10                                 | SUCHENEK Aleksandra | OKS Skra Warszawa   | 59.07 | 25-06-08 | Warszawa              |

| Mistrzostwa Polski 2023 (Gorzów Wielkopolski) |                   |    |                     |       |
|---|-------------------|----|---------------------|-------|
| 1   | SMOLIŃSKA Izabela | 99 | RLTL Optima Radom   | 57.26 |
| 2   | GRYC Anna Maria   | 99 | KS AZS AWF Warszawa | 57.90 |
| 3   | MARTYNA Katarzyna | 98 | KS AZS AWF Kraków   | 58.13 |
| 3   | LINKIEWICZ Joanna | 90 | KS AZS AWF Wrocław  | 58.13 |

| Mistrzostwa Polski 2024 (Bydgoszcz) |                   |    |                     |       |
|-------------------------------------|-------------------|----|---------------------|-------|
| 1                                   | LINKIEWICZ Joanna | 90 | KS AZS AWF Wrocław  | 56.58 |
| 2                                   | SMOLIŃSKA Izabela | 99 | RLTL GGG Radom      | 57.13 |
| 3                                   | GRYC Anna         | 99 | KS AZS AWF Warszawa | 57.38 |

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R. Ż. z rokiem uzyskania, SB-rekord sezonu, RP-R. Polski, RE-R. Europy, RŚ-R. Świata

BYDGOSZCZ 2025

Przygotowanie: DomTel Sport Timing Słupsk, tel. 602 314171 www.domtel-sport.pl



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